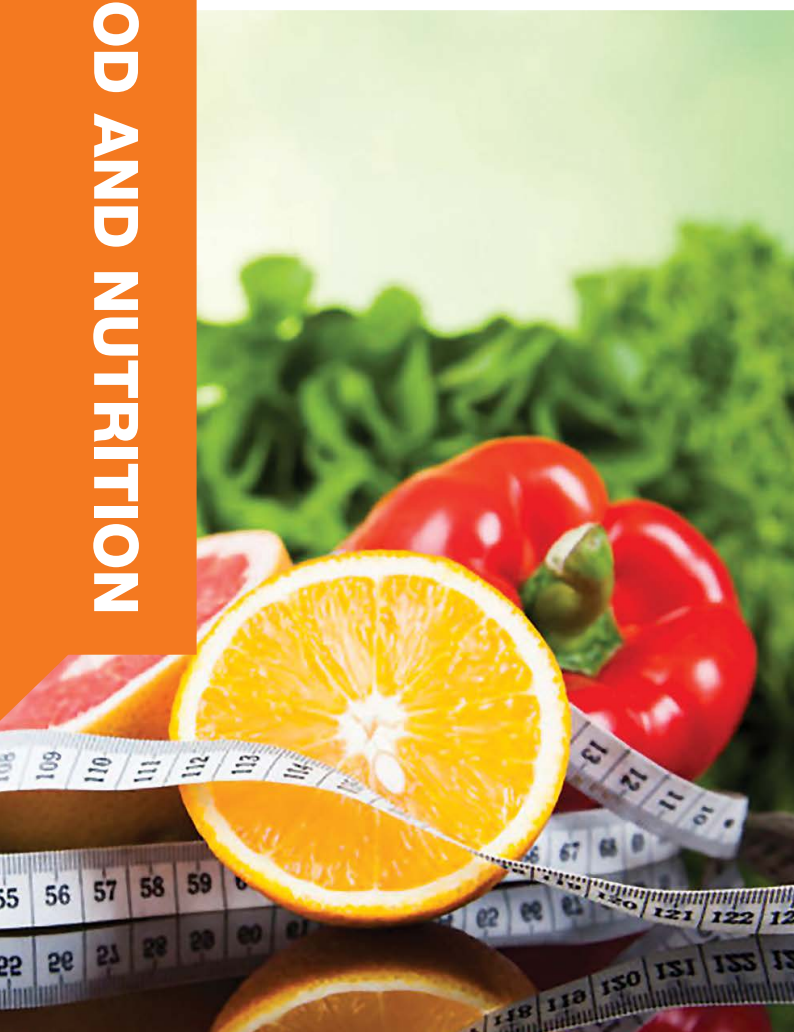


FOOD AND NUTRITION



Bachelor of Science (Honours) Food and Nutrition 食物及營養學(榮譽)理學士

Course Code: 2445-DP114A



2026/27

Full-time Undergraduate Programme
全日制大學學位課程

Credit Exemption for AD/HD Graduates
副學士/高級文憑畢業生可獲學分豁免



Ulster University is located at 4 campuses in Northern Ireland with over 25,000 enrolled students in 2017/18, of which 82.4% were undergraduate students, 15.8% were postgraduate taught students and 1.8% were postgraduate research students. The school of Biomedical Sciences, located primarily on the Coleraine campus, is the largest of 7 schools within the Faculty of Life and Health Sciences.

The school has a long established reputation for innovation and creativity in teaching and research, pioneering distance learning education in the biomedical sciences and promoting student-directed learning through independent project and other work in undergraduate and MSc degree programmes.

- Ulster was awarded UK and Ireland University of the Year at the Times Higher Education Awards 2024.
- Ranked 1st in the UK for Nutrition and Food Science by the Guardian University Guide 2024, 2025 & 2026

The Bachelor of Science (Honours) Food and Nutrition programme offers the opportunity for sub-degree graduates or equivalent to pursue a degree with honours in Food and Nutrition and develop a career in food and nutritional area.

This programme aims to provide a comprehensive education in food and nutrition, which enables graduates to have a wide range of employment and progression options for further study.

It is an extension programme to an honours degree level for applicants who hold the Higher Diplomas or Associate Degrees or the combined credit transfer equivalent, obtained from successfully completing required Advanced Certificates at HKU SPACE.

Programme Highlights

- Obtain a Bachelor Honours Degree in Food and Nutrition through 18-month full-time study; and
- Graduates have a wide range of employment options in nutrition and health-related areas, food safety management area and in the food industry.



Programme Structure

The programme consists of 180 credits. Students are required to complete 3 modules or 60 credits in each teaching block and may normally complete the entire programme in 18 months of full-time study in Hong Kong.

Upon successful completion, graduates may apply to pursue postgraduate degrees (taught or research) in tertiary institutions or at HKU SPACE.

Teaching Block	Module Title
Teaching Block 1	Microbiology
	Food and Nutrition Entrepreneurship
	Epidemiology and Statistics
	Food Science*
	Clinical Biochemistry*
	Assessment of Nutritional Status*
	Nutrition through the Lifecycle*
Teaching Block 2	Biochemistry and Molecular Nutrition
	Health Promotion and Nutrition Communication
	Nutrition Research Methodology
Teaching Block 3	Clinical Nutrition
	Functional Foods and Supply Chain
	Food, Nutrition and Dietetics Research Project

* Either one of the following options: either the Food Science module, the Clinical Biochemistry module, or both the Assessment of Nutritional Status module and the Nutrition through the Lifecycle modules.

The above programme structure is intended for use as a guide to prospective students. HKU SPACE and Ulster University reserve the right to vary the structure.

Entry Requirements

Applicants shall:

1. (i) hold a Higher Diploma in Nutrition and Food Management or equivalent;
OR
(ii) have successfully completed all the following programmes awarded within the HKU system through HKU SPACE:
 - (ai) Advanced Diploma in Nutrition **OR** Advanced Diploma in Child & Adolescent Nutrition **OR**
 - (aii) Advanced Certificate in Nutrition **and** Any two : Advanced Certificate in Child and Adolescent Nutrition **OR** Advanced Certificate in Clinical Nutrition and Health Promotion **OR** Advanced Certificate in Sport and Exercise Nutrition;
and
 - (b) Advanced Certificate in Food Service Management;
and
 - (c) Advanced Certificate in Quality Control and Food Safety Management;
and
 - (d) Advanced Certificate in Food Science;
and
 - (e) Advanced Certificate in Human Biochemistry and Physiology.**OR**
(iii) provide evidence of their ability to undertake the programme through the accreditation of prior certificated and experiential learning.

AND

2. provide evidence of English proficiency, such as
 - (i) HKCEE English Language (Syllabus B) at Grade E or level 2 or HKDSE Examination Level 2 in English; **OR**
 - (ii) an overall band of 6 with subtest of 6.0 in the IELTS or equivalent.

Based on the applicant's academic background, bridging courses at HKU SPACE suggested by the programme team may be required.

* Remarks:

Degree/Associate Degree holder in Biological Related Sciences who have successfully completed the "bridging courses" will normally have satisfied the entry requirements. These bridging courses are decided by programme team based on the applicant's academic background. (e.g. Applicants with limited knowledge in food science are normally required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition programme).

Degree holders in non-related sciences who have successfully completed the HKU SPACE programmes namely: 1. Advanced Diploma in Nutrition or Advanced Diploma in Child and Adolescent Nutrition or Advanced Certificate in Nutrition **and** Advanced Certificate in Child and Adolescent Nutrition or Advanced Certificate in Clinical Nutrition and Health Promotion **and** 2. Advanced Certificate in Food Science **and** 3. Advanced Certificate in Human Biochemistry and Physiology will normally have satisfied entry requirements.



Tuition Fee

The tuition fee* for 2026/27 intake is HK\$142,000 (to be paid in 2 instalments).

* The tuition fee is reviewed annually and is subject to change without prior notice.

Extended Non-means-tested Loan Scheme (ENLS)

Students are eligible to apply for the HKSAR Government's Extended Non-means-tested Loan Scheme (ENLS). The maximum financial assistance under the ENLS is equivalent to the total tuition fee payable to the HKU SPACE in the academic year.

Scholarships and Bursaries

A number of IC Scholarships and Bursaries are available for eligible new entrants every year. Please consult programme staff for application information.

Student Activities

Duration of Study and Award

The programme should normally be completed in 18 months.

Upon satisfactory completion of the programme, students will be awarded the **Bachelor of Science (Honours) Food and Nutrition** by the Ulster University.

Teaching Mode

The programme will be delivered in full-time mode. The teaching methods include face-to-face lectures, tutorials, workshops, laboratory practical sessions and research projects. Occasional guest seminars held by staff from Ulster University, academic staff from renowned institutions, and representatives from the food industry may also be arranged.

Assessment

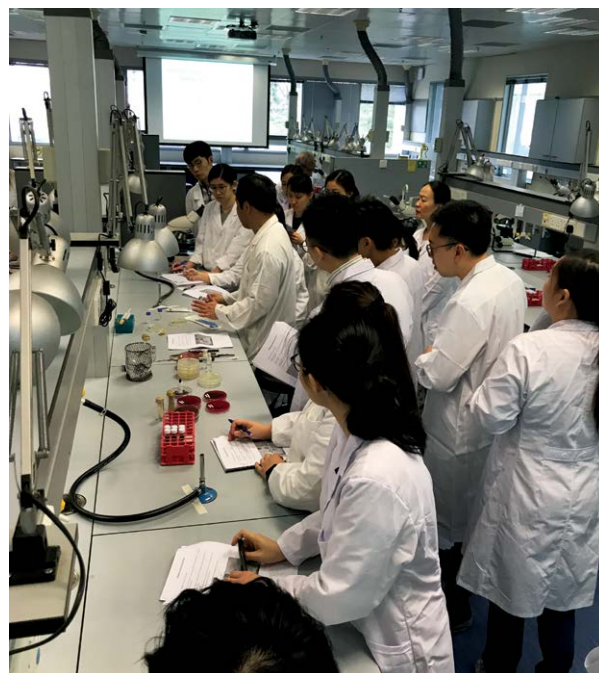
The mode of assessment for each module is different but will be generally based on a combination of coursework (including assignments, tests and projects) and the final examination.

Career Opportunities

Career opportunities within food and nutrition continue to expand to meet the shortage of qualified graduates in the food industry in Hong Kong. In addition, nutrition continues to remain high on the public health agenda with the importance of optimal nutrition for health and well-being ensuring sustained demand for quality graduates in this area.

Further Studies

Upon completion of the Bachelor of Science (Honours) Food and Nutrition programme, graduates are eligible to apply for entry to the Postgraduate Diploma in Human Nutrition / Dietetics offered by HKU SPACE.



Microbiology Module - Laboratory practical session



Food, Nutrition and Dietetics Research Project Module - Poster presentation session



HKUSPACE

香港大學專業進修學院
HKU School of Professional and Continuing Education

Apply NOW

 <http://hkuspace.hku.hk/ic>

Programme Enquiries

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(Mr Terry Tsang)

More Details



General Enquiries

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Programme Overview

Awarding University Ulster University

Year of Establishment 1968

Duration **18 months (Full-time)**

Full Tuition Fee
(2026/27 Intake) **HK\$142,000**

Medium of Instruction English

Commencement Date September 2026

Information in this leaflet is subject to change by HKU SPACE IC and Ulster University without prior notice. Please refer to the IC website or contact programme staff for the latest information.

This is an exempted course under the Non-local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognise any qualification to which this course may lead.



HKU SPACE was awarded the ASIIN Institutional Accreditation seal for its quality management in teaching and learning.

